

# **Our MISSION**

IVUmed is committed to making quality urological care available to people worldwide. In fulfilling this mission, IVUmed provides medical and surgical education to physicians and nurses, and treatment to thousands of suffering children and adults.



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www.ivumed.org

# Annual REPORT for the year ended March 31, 2010

# THANK YOU FOR SUPPORTING OUR MISSION

#### **Dear Friends**,

For each year of the past decade, we have been able to report that your support has been greater than the year before. We are grateful that you have chosen to be part of the growth of our teaching mission. During our recently completed year of activity



Catherine R. deVries, MD



Joshua P. Wood, Executive Director

ending March 31, 2010 IVUmed has succeeded in launching more educational workshops than ever before.

Generous benefactors and volunteers have made it possible for IVUmed's resident scholars accompanied by mentors to work in our roster of countries, as in past years. And we continue to receive more outstanding applications as well. Also, this past year Uganda became the 23rd country served by the Travelling Resident Scholar Program.

Recently, IVUmed conducted its first workshop at Kenyatta Hospital in Nairobi, Kenya. This regional workshop was presented in cooperation with the African Medical and Research Foundation (AMREF) and the Kenya Association of Urological Surgeons (KAUS). Our regional workshops are fast becoming more successful, with more partners trained than was possible before our move to the regional training format.

We are in the process of helping to re-vitalize urological training and outreach in Haiti in collaboration with the Haitian Urological Society (Societe Haitienne d'Urologie) as we enter the next fiscal year.

We want to thank our many volunteers for their tireless efforts and dedication to making quality surgical care available to people worldwide. You have seen what we can do as we continue to dedicate ourselves at home and abroad.

#### Warmest regards,

Cathering Suries

Catherine R. deVries, MD Founder/Board President

Joshua P. Wood Executive Director

# FINANCIAL REPORTS for the year ended 3/31/2010

#### **Statement of Financial Position**

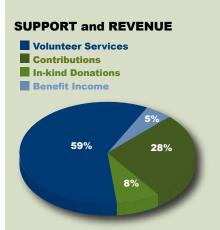
#### Assets

Total Net Assets Total Liabilities & Net Assets	\$697,946 \$698,489	
Net Assets Unrestricted Temp. Restr.	\$631,802 66,144	
Total Liabilities	\$ 543	
Total Assets	\$698,489	
Fixed Assets: Medical and Office Equipment and Furniture (Less Accumulated Depreciation of \$219,268) Investments Other Assets-Rent Guarantee	99,454 75,080 12,733	
Total Current Assets	\$511,222	
Current Assets: Cash and Cash Equivalents Inventory for use	\$415,789 95,433	
100010		

#### **Statement of Activities**

#### Support and Revenue

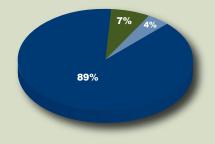
Contributions	\$	626,527
In-Kind Donations		175,281
Volunteer Services	1	,326,800
Benefit Income		112,106
Interest Income		4,691
Total Support and Revenue	\$2	2,245,405
Expenses		
Program Services	\$1	,966,579
General and Admin		154,031
Development		82,243
Total Expenses	\$2	2,202,853
Change in Net Assets	\$	42,552
Prior Period Adjustment		5,936
Net Assets, Beg. of Period		649,458
Net Assets, End of Period	\$	697,946



#### **EXPENSES**

Program Services

General and Administrative Development



# PROGRAMS

# **IVUmed's Surgical Education Model**

IVUmed works to meet the immense demand for training in urology by implementing the model it has refined throughout its 18-year history. This involves a holistic approach intended to assist partner physicians and nurses in the development of self-reliant surgical programs.

Model Profile: Following a request for our services and locally obtained support from ministries of health and other governing entities in partner countries. we conduct a site visit and assessment. Once needs and goals have been outlined, we typically engage in a series of annual surgical workshops spanning six to 14 days each. IVUmed workshops involve an intensive combination of hands-on surgical and classroom training tailored to each host environment. The first workshop involves further evaluation of the host site and personnel while instruction begins on less complex procedures. This is a good focus for the first workshop since it typically requires less sophisticated equipment and patient recovery than more complex procedures.

During each successive workshop, IVUmed's goal is to teach more sophisticated cases while reinforcing training from the previous workshop. IVUmed's *Teach One, Reach Many* model helps each partner learn the skills necessary to independently meet the needs of their patients while passing along the skills learned from IVUmed to future generations of medical personnel. This develops a sustainable solution capable of growing to meet increased future demand.

87

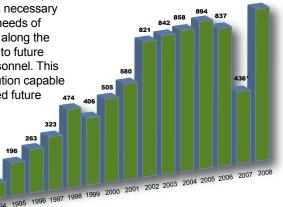
1994



For example, before IVUmed began work in Ho Chi Minh City, South Vietnam did not have any academic pediatric urology. Independently, and after training by IVUmed, local doctors have now operated on more than 7,000 patients. Since IVUmed's first workshop in Vietnam in 1994, our Vietnamese partners have increased surgical output (number of patients treated annually), by ten times, or 1000%.

#### OPERATIONS EACH YEAR since the start of Pediatric Program at Children's Hospital #1, HCMC, Vietnam

924



\*Hospital remodel in 2007 IVUmed workshops: 1994-2002 Work independent of IVUmed: 2002-present

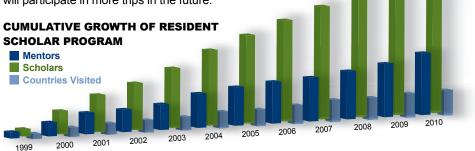
#### **Traveling Resident Scholar** Program

IVUmed's Traveling Resident Scholar Program entered its 10th year in 2009. In its first decade, over 120 IVUmed scholars experienced urology in a developing world setting, which exposes them to the level of need in the countries in which they serve. the resourcefulness required to operate in such settings, the opportunity to serve children and adults in dire need of urological care, and the demand for continued international medical volunteerism and training.

Residents participating in the program gain significant hands-on experience in general urology, pediatric urology or women's health in a variety of countries under the supervision of board-certified mentor urologists. For example, each year IVUmed sends at least two residents to India to participate in free urology camps for the poor. Each camp serves approximately 200 children and adults, illustrating the challenges of extreme poverty and the hope afforded by selfless service. As resident Steven Chang, MD of Stanford puts it, "My trip with IVUmed to India was the most worthwhile medical experience I have ever had. There is no guestion that I will participate in more trips in the future."

An investment in IVUmed resident scholarships represents an investment in the future of international urological training. The program has grown to see former resident scholars now serving as mentors to new scholars. The program has instituted a perpetual education fund that, when it begins to mature, will incorporate a greater degree of financial self-sufficiency. The next generation of international medical volunteers gains a tremendous boost from the invaluable experience provided by IVUmed's Traveling Resident Scholar Program.

IVUmed's Resident Scholar Program began in 1999 with 7 residents. In 2010, these numbers will grow to a total of 149 Scholars with 58 different mentors to 24 different host countries. Past Resident Scholars represent 72 different training programs from across North America.



#### 2009-2010 IVUmed Resident Scholars SCHOOL

#### SCHOLAR

Bhavin Patel MD Carvell Nguyen, MD Eric Reid, MD James Hotaling, MD Krishnan Venkatesan, MD Mark Preston, MD Melina McCarty, MD Rose Khavari, MD Tullika Garg, MD Yasmin Bootwala, MD Winifred Adams, MD

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#### Scholarships Bring International Partners to the US

The Dr. Pieter A. deVries Pediatric Surgery Scholarship program has played a pivotal role in IVUmed's international surgical training by serving as a capstone experience for our partners abroad. In October 2009, we welcomed three of our longtime colleagues from Honduras to the US where they attended the annual meeting of the American Academy of Pediatrics and worked with IVUmed volunteers at Boston Children's Hospital and Harvard Medical School. There, they were able to see cutting edge techniques, collaborate with some of the brightest minds in pediatric surgery and witness first-hand the environments from which IVUmed training develops.

This experience helped reinforce the years of surgical education Drs. Tome, Velez, and Gomez have received from IVUmed volunteers. They express their "gratitude for this unique and wonderful opportunity" that scholarship contributors have made possible. Evidence of the impact of IVUmed training is the 2009 workshop conducted independently by our Honduran colleagues in which 45 children were served. Following the workshop, Dr. Enrique Tome stated, "IVUmed definitely fulfilled the motto of *Teach One, Reach Many*."

We have recently awarded the next pediatric scholarships to our partners at Maternal and Child Hospital in Ulaanbaatar, Mongolia.

#### **Pediatric Program**

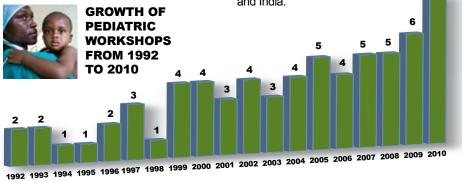
The pediatric program has been our flagship surgical program since IVUmed began overseas work in 1992, and its global strength continues to grow. It has developed a regional approach, expanding its reach and efficiency by training surgeons from multiple countries during each workshop in diagnosis and surgical care of common and complex urological problems. This program enhances professional strength through collaboration, research, publications and presentations aimed at addressing the immense need for pediatric urologic care.

The chart below illustrates the expansion of our pediatric program to reach partners and patients in more sites worldwide.

#### **General Urology**

IVUmed applies its proven training model, developed through the successful pediatric program, to the field of general urology. This area of urology includes a broad array of conditions and procedures. Training is required internationally to address a vast need among adults in resource-poor regions. As urological disease rates continue to grow, advanced training from IVUmed's skilled volunteers is needed among practitioners worldwide.

IVUmed general urology workshops address such conditions as bladder and prostate cancer, urethral stricture and urology-related injuries, stones and continence issues. In addition to our team workshops, IVUmed volunteers do a significant amount of general urology through the Traveling Resident Scholar Program in such sites as Vietnam, Haiti, Mexico, Nigeria and India.





#### Women's Health Program

Women's urological issues continue to be a major part of IVUmed's international workshops. IVUmed started its uro-gynecology program in 2003 with the goal of bringing specialists from throughout the world together to partner with African surgeons to combat the widespread but little known effects of vesicovaginal fistula and other causes of female incontinence. The program has grown to include a wide array of female urological conditions and continues to expand in its geographic scope.

#### **Domestic Urology Program**

While the need for surgical training in low and middle income countries persists, communities in the United States also experience health disparities and limited service options. IVUmed applies its internationally recognized expertise domestically by training American primary care providers to help meet their communities' rapidly growing need. Currently the US, especially in rural areas, has a shortage of urology specialists. This situation is exacerbated by the fact that many areas in the US see more urologists retire than finish training while populations continue to increase.

For example, many rural areas of Utah lack access to urological care. In fact, 20 of Utah's 29 counties have no urology specialists. This leaves much of the responsibility for diagnosis of urological conditions to primary care physicians. IVUmed helps increase their knowledge base in urology by presenting targeted information on the most common urological conditions seen in children and adults while providing consultation assistance. This helps equip providers and patients with the knowledge they need to better address common urological conditions.

#### **Online Training Modules**

IVUmed's online training site offers resources to supplement the hands-on and classroom training provided during surgical workshops. This extends the surgical education available from IVUmed to our partners abroad between workshops. We constantly refine the composition of the online modules to maximize their benefit and availability.

# WORKSHOPS

# **Regional Training Workshops: Teaching Many**

IVUmed has initiated an expansion of its surgical workshops by incorporating a regional approach. This format enables us to teach physicians from several countries in a single location, greatly expanding our reach and efficiency. Through the careful selection of centers of excellence, or regional hubs, the impact of IVUmed training and funding will multiply significantly with each workshop. The format remains the same with annual workshops focused on intensive hands-on training in needed areas of urologic surgical care.

IVUmed established its first regional training hub in Dakar, Senegal. This site, already a center of education and commerce, enables IVUmed to teach physicians from throughout Francophone West Africa in a single setting. The first Dakar work-shop trained 54 medical personnel from 10 countries. This site is ideally situated for a regional approach as it hosts physicians from throughout Africa for long-term medical and surgical training. This enables IVUmed to reach the same multinational trainees each year for increasingly sophisticated urological training. So far, the Senegal work-shops have focused on pediatric urology with up to five African participant physicians committing to specialize in pediatric urology, a sub-specialty almost non-existent in sub-Saharan Africa.

IVUmed is now expanding this successful approach to additional sites in sub-Saharan Africa. The East African program consists of alternating sites in Kenya, Tanzania and Uganda, while Southern African sites will include Zambia and Mozambique.



# Current Workshop Country **PROFILES**



## MONGOLIA General and Pediatric Urology

IVUmed began collaboration with pediatric partners in Mongolia in 2002. Work with our current partners began in 2007, now focusing on both pediatric and general urology. Training with these surgeons has progressed exceptionally well over the last few years, addressing reconstruction, oncology, endourology, and other complex cases. Our work in the next fiscal year will focus on increasing the hosts' capacities with these advanced cases while finetuning the basic skills taught in previous years.

# NIGERIA Women's Health and General Urology



In Nigeria, women's health, particularly incontinence linked to obstetric fistula (VVF), has been at the forefront of IVUmed's trainings. In the next year, IVUmed plans to expand its training efforts in Nigeria to include general urology topics in more cities. The university teaching hospitals in Nigeria are flagship health care institutions of West Africa and hold the most urologists of any country in sub-Saharan Africa. This makes Nigeria an ideal setting for reaching a broad group of surgeons-in-training through IVUmed's proven model.



# WEST BANK General and Pediatric Urology

IVUmed has conducted pediatric and general surgical workshops at three major facilities in the West Bank since 2007. In addition to hands-on surgical training, workshops include multi-day symposiums with experts from around the world. Logistical and financial support of these workshops is provided in part by the Palestine Children's Relief Fund. IVUmed has helped answer the call from other international organizations for a program of this caliber. Two trips are scheduled this year to continue our mission in the West Bank, focusing both on pediatric and general urology needs.

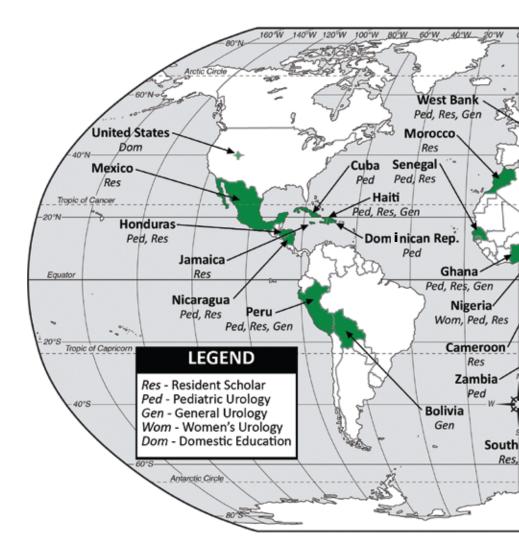
# HONDURAS Pediatric Urology

As our first training site in 1992, the legacy and growth of volunteer efforts in Honduras are readily

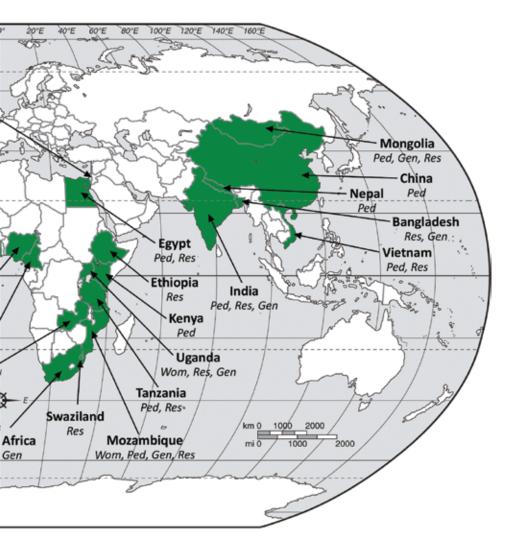


apparent. Our Honduran medical partners have advanced to the point of graduation from regular IVUmed trainings. They have built a dynamic program capable of performing common urological surgeries greatly needed by its pediatric population. Focus has now progressed to more complex conditions and surgeries as the program continues to grow. With IVUmed assistance, they now organize their own annual urology training outreach programs. In the next year, IVUmed will send surgical volunteers to assist in a Honduran-led workshop in San Pedro Sula.

# IVUmed Urology 7



# **Teaching Programs**





# SENEGAL Pediatric Urology

Our partnership in Senegal began in 2009. As an international hub for education, Senegal provides an excellent venue for teaching, and as a result, became IVUmed's first regional training site. Most of the physicians participating in the IVUmed Senegal workshops will return to their home countries once their long-term training in Senegal is complete. This process will equip them with the skills necessary to perform and teach urological procedures that are much needed in their home countries. IVUmed is currently planning a third pediatric workshop at the site, building upon the foundation laid out in our first two visits.



# KENYA AND TANZANIA Pediatric Urology

This year IVUmed began pediatric training programs in both Kenya and Tanzania. The goal in these locations is to increase the availability of urology education by using the regional training

approach first established in Senegal. IVUmed teams hold workshops at training facilities that are attended by medical staff from several surrounding countries. Collaboration with partners such as the Pan African Urological Surgeons' Association (PAUSA), the African Medical and Research Foundation (AMREF) and the Kenva Association of Urological Surgeons (KAUS) plays an integral part in IVUmed's ability to increase training effectiveness while extending its impact throughout the region. A pediatric workshop will be held this year in connection with the annual KAUS meeting in Nairobi, Kenya.



# VIETNAM Pediatric Urology

IVUmed has worked extensively in Vietnam since 1994, and the impact is evident. Not only are our previously trained medical partners now skilled in the urological techniques taught, they also carry out their own outreach programs to help train other doctors within Vietnam. This illustrates the sustainability and sentiment of IVUmed's motto: Teach One, Reach Many. IVUmed's work in Vietnam now focuses on collaboration with these partners in new cities to expand the reach of training to more Vietnamese medical personnel. In the next year, IVUmed will send volunteers to Nha Trang to assist in a pediatric workshop co-hosted by our previously trained partners from Ho Chi Minh Citv.



# INDIA General and Pediatric Urology

IVUmed has sent resident scholars to participate in free urology camps for the poor in Bhopal, Ajmer and elsewhere since the program began in 1999. In 2008, IVUmed renewed its pediatric focus in India with annual workshops led by Drs. Richard Grady, Aseem Shukla and the late Dr. Atul Thakre in Ahmedabad, India. The workshops have focused on complex cases, such as bladder exstrophy, and have provided valuable advanced training for local participants.



# MOZAMBIQUE Women's Health, General and Pediatric Urology

IVUmed began work in Mozambique in 2004. Workshops focus on female, pediatric, and general urology. Our lead partner in Maputo, Dr. Igor Vaz, a leader in reconstruction and fistula repair, has been instrumental in advancing the level of training available to Mozambican medical personnel. Two workshops have been scheduled within the next year: the first focusing on women's urology with the second addressing both pediatric and general urology needs.

"IVUmed represents all that most of us believe being a doctor embodies: selflessness, generosity, and compassion."

**Matthew Lux, MD** 

#### **2010 Team VOLUNTEERS**

Allison Cumming, Utah—IVUmed Board Member and Trip Logistician - Mongolia Aseem Shukla, MD, Minnesota—Pediatric Urologist - India Barbara Montagnino, RN, Texas—Nurse Educator - Tanzania Brian Duty, MD, Oregon—Urology Resident Scholar - Mongolia Carlos Angel, MD, Tennessee—Pediatric Urologist - Honduras Catherine deVries, MD, Utah-Pediatric Urologist and Team Leader -Mongolia, Kenya, Tanzania Christopher Dechet, MD, Utah—Urologist - Mongolia Claire Brett, MD, California—Anesthesiologist - Tanzania David Vandersteen, MD, Minnesota—Pediatric Urologist - Mongolia Debra McNees, RN, Utah-OR Nurse - Vietnam Elrond Teo, MD, Vermont—Anesthesia Resident - Vietnam George Dechet, MD, Washington-Urologist - Mongolia Hiep Nguyen, MD, Massachusetts-Pediatric Urologist - Tanzania Igor Vaz, MD, Mozambique—Urologist - Nigeria Jeremy Tonkin, MD, Virginia—Urology Fellow - Nigeria Jessica Cartwright, Utah— Trip Logistician - Vietnam John Gazak, MD, North Carolina—Pediatric Urologist - West Bank John Lazarus, MD, South Africa—Urologist - Kenya Kevin Healy, MD, Iowa—Anesthesiologist - West Bank Kurt McCammon, MD, Virginia-Urologist - Nigeria Laura Springhetti, RN, Utah-Nurse Anesthetist - Vietnam Lee Phuc Ly, RN, Washington-Nurse Educator - Vietnam Lenore Delgrosso, RN, Massachusetts-OR Nurse - Tanzania Mario Gutierrez, California-IVUmed Board Member and Trip Logistician - Tanzania Melinda Vierig, Utah—IVUmed staff - Mongolia Michole Deesing, Utah—Trip Logistician - Mongolia Norifumi Kuratani, MD, Japan-Pediatric Anesthesiologist - Mongolia Pamela St. Louis, RN, Vermont-OR Nurse - Tanzania Patrick Cartwright, MD, Utah—Pediatric Urologist and Team Leader - Vietnam Paul LaFontaine, MD, Massachusetts—Urologist - Nigeria Pauletta Hampton, MA, Arizona—UDS Technician - Nigeria Rama Jayanthi, MD, Ohio—Pediatric Urologist - Honduras Rebekah Doherty, RN, Utah—Circulating Nurse - Mongolia Ricardo Yanez, MD, Chile-Urologist - West Bank Richard Grady, MD, Washington-Pediatric Urologist - India Siam Oottamasathien, MD, Utah—Pediatric Urologist - Vietnam Susan Kalota, MD, Arizona—Urologist and Team Leader - Nigeria

#### **2010 International PARTNERS**

Alex Gomez, MD, Honduras – Pediatric Surgeon Alfred Mteta, MD, Tanzania – Urologist B. Demberelnyambuu, MD, Mongolia – Pediatric Urologist B. Erkhrawdan, MD, Mongolia - Pediatric Urologist Dagvadorj Bayanundur, MD, Mongolia - Urologist Enrique Tome, MD, Honduras – Pediatric Surgeon Fred Kambuni, MD, Kenya – Pediatric Surgeon George Chima, MD, Nigeria - Surgeon Hien Thi Nguyen, MD, Vietnam - Anesthesiologist John Wachira, MD, Kenya – Urologist Le Tan Son, MD, Vietnam – Pediatric Urologist Medina Ndoye, MD, Senegal – Urologist Mohamed Jalloh, MD, Senegal - Urologist Nguyen Van Xang, MD, Vietnam - Pediatric Urologist Sergio Velez, MD, Honduras – Pediatric Surgeon Serigne Gueye, MD, Senegal – Urologist Stephen Watya, MD, Uganda - Urologist Sunday Lengmang, MD, Nigeria - Surgeon U. Khurelbaatar, MD, Mongolia – Pediatric Urologist Plus 137 local doctors, nurses, and other medical personnel

# IVUmed Thanks its Donors for the Year Ended March 31, 2010

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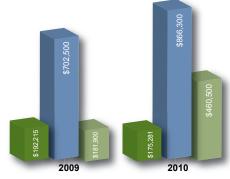


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