



## **Our MISSION**

IVUmed is committed to making quality urological care available to people worldwide. In fulfilling this mission, IVUmed provides medical and surgical education to physicians and nurses, and treatment to thousands of suffering children and adults.



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**Annual REPORT** for the year ended March 31, 2008

## **IVUmed is Now a MEMBERSHIP Organization**

Early this spring, IVUmed became a membership organization. The response has been very generous and we are most appreciative for those of you who chose to become members and support the IVUmed mission. Members have a closer relationship with us and support our expanding programs.

# THANK YOU for furthering our mission

**Dear FRIENDS,**

We are pleased to report that seven international workshops, the most ever, were successfully conducted this year, providing quality surgical teaching for 129 doctors and nurses, always with the goal of host sustainability.



Three new programs were begun as our fiscal year drew to a close. IVUmed has laid plans for a Utah Urology Education Series to be conducted throughout the state. Five volunteer physicians and two nurse practitioners will provide educational outreach in urban and rural community health centers.

Plans are also under way for a new on-line education program, designed as a supplement to international surgical workshops. Doctors worldwide will be able to access our new web based video library to augment personal teaching activities conducted by IVUmed visiting teams. This platform will also connect IVUmed partners through global online collaboration.

IVUmed became a membership organization during the fiscal year. This change has allowed individuals and organizations to participate more actively in carrying out our mission. If you have already joined, we offer many thanks. Please contact us if you have not yet joined, but would like more information.

As always, our support comes in the form of volunteer service and donations. IVUmed received 5,780 hours of medical and 1,544 hours of general volunteer time, with a value of \$977,860. Cash gifts from volunteers added significantly to IVUmed's revenue stream. In-kind donations valued at \$242,741 and general cash donations as well as benefit and interest income brought the total support and revenue for IVUmed's activities to \$1,731,897.

You have watched us grow and have supported our mission for urological education in developing countries, and now in the United States as well. Our surgical teaching workshops provide sustainable changes for patients in developing countries and training for doctors and nurses. Thank you for your generosity in giving so much to us.

**Sincerely,**

A handwritten signature in cursive script, appearing to read "Catherine deVries".

Catherine deVries, MD  
Founder/Board President

A handwritten signature in cursive script, appearing to read "Melinda Vierig".

Melinda Vierig, MBA  
Executive Director

# FINANCIAL REPORTS for the year ended 3/31/2008

## Statement of Financial Position

### Assets

#### Current Assets:

Cash and Cash Equivalents	\$156,210
Inventory for use	201,352

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**Total Current Assets** 357,562

#### Fixed Assets:

Medical and Office Equipment and Furniture (Less Accumulated Depreciation of \$188,581)	46,124
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**Total Assets** 403,686

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**Total Liabilities** 5,721

### Net Assets

Unrestricted	\$290,688
Restricted	107,277

**Total Net Assets** \$397,965

**Total Liabilities & Net Assets** \$403,686

## Statement of Activities

### Support and Revenue

Contributions	\$ 441,633
In-kind Donations	242,741
Volunteer Services	977,860
Benefit Income	63,390
Interest Income	6,273

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**Total Support and Revenue** \$1,731,897

### Expenses

Program Services	1,434,902
General and Admin	138,760
Development	107,212

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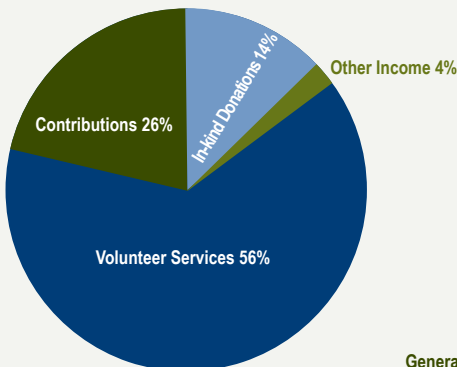
**Total Expenses** \$1,680,874

Change in Net Assets 51,023

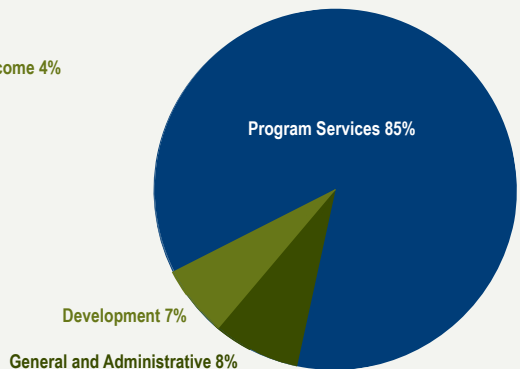
Net Assets, Beg. Of Period 346,942

Net Assets, End of Period \$ 397,965

### SUPPORT and REVENUE



### EXPENSES



# PROGRAMS

## The PEDIATRIC Program

The Pediatric Program was IVUmed's first endeavor. The early years in the 90's were a struggle to match surgical teaching methods to conditions, equipment and medications found in developing countries. Since then, a number of our host locations have achieved sustainability.

Of IVUmed's seven international workshops held during the fiscal year, six involved children as a significant part of each workshop.

**Honduras:** San Pedro Sula, our first site, has now achieved "graduate" status, meaning that the Honduran pediatric surgeons are capable of treating a wide range of pediatric urological conditions independently.

**Mongolia:** In Mongolia, we continue to work with colleagues at the University and at the Maternal and Child Hospital with the goal of achieving sustainable teaching programs for pediatric urology in that country.

**Cuba:** As one of our first partners, the Cuba site has graduated from annual training and now welcomes additional workshops for more complex procedures.

**Nepal:** On our first trip to Nepal, the workshop team, led by Dr. Catherine DeVries, gave lectures and met extensively with host personnel to gain a clearer picture of the Dharan site's capabilities and needs. The IVUmed team participated in rounds, evaluations and surgeries that served as excellent teaching opportunities.

**Mozambique:** IVUmed held its second pediatric urology workshop at Maputo Central Hospital. The workshop built upon the strong relationships established between IVUmed and its hosts, Dr. Igor Vaz and his Mozambican colleagues. This trip also incorporated women's urology for our first combined pediatric and women's health workshop.

**Ghana:** A fourth pediatric urology workshop was held at Komfo Anokye Teaching Hospital (KATH) in Kumasi, Ghana during January. Relationships established between IVUmed and hosts Dr. Ken Aboah and his Ghanaian colleagues have helped in achieving a strong training and service program.

## The WOMEN'S Program

IVUmed started its women's urogynecology program in 2003 with the goal of bringing specialists from throughout the world together to address the widespread but little known effects of VVF. These surgical workshops helped provide educational resources to serve those in desperate need of care.

In its fifth year, the women's program held its third team workshop at ECWA Evangel Hospital in Jos, Nigeria during March. IVUmed continued the work with host personnel on the treatment of vesico-vaginal fistula (VVF). This workshop partnered IVUmed and African specialists treating complex cases that had not previously responded to conventional treatment. Evangel Hospital also provides skills training to help patients become economically independent as they recover from their medical conditions.

IVUmed returned to Mozambique to conduct its first combined pediatric and women's health workshop during October. Our host, Dr. Igor Vaz, and his Mozambican colleagues hosted this unique program. Dr. Vaz, a leader in VVF repair, worked with IVUmed to help address this most significant of women's health needs. Since he is connected to Maputo Central Hospital, Dr. Vaz is well positioned to help diffuse IVUmed training throughout Mozambique to make available the medical care that is needed by thousands of Mozambique's residents.

## UTAH UROLOGY EDUCATION Series

As IVUmed's fiscal year ended on March 31, planning of the Utah Urology Education Lecture Series was in full swing. We are planning to apply IVUmed's teaching expertise helping rural and urban primary care clinics in Utah to effectively deal with urological problems. A traveling speakers bureau is planned, with all five pediatric urologists practicing in Utah (at Primary Children's Medical Center) volunteering to participate in the program. Two nurse practitioners, specialists in pediatric urology, have also volunteered. The plan calls for multiple lectures guiding primary care providers in the proper diagnosis and referral of common urological conditions. The objective is to provide primary care doctors and nurses with up-to-date information for referral to specialists.

## New ONLINE EDUCATION Program

To reinforce its hands-on surgical workshop training, during last fiscal year, IVUmed began developing online education tools that will present information taught at each of its workshops. Video and slideshow modules detailing surgical and patient care techniques will be available to IVUmed partners and members. Interactive components of the website will enable participants to communicate directly with each other and with IVUmed physicians and nurses. This approach will serve to teach techniques not directly addressed during workshops, to supplement workshop trainings and to evaluate the acquisition of knowledge by training participants. IVUmed's online media will be designed to be accessible in locations with low bandwidth to ensure access among partner sites.

These resources will help IVUmed partners and members stay current on the latest surgical techniques. Participants will be able to view surgical videos and presentations, add comments and post questions, and even add additional video or slides to detail suggestions and alternatives. With increasing worldwide demand for IVUmed's services among sites with growing patient populations, these online resources will enable IVUmed to reach more sites and to provide continuous training to physicians eager for information.



*Children smiling for an IVUmed resident scholar in Bangladesh*



*Children in the hospital in Tanzania*



*IVUmed founder Dr. Catherine deVries delivering a lecture*

## SCHOLARSHIPS This Year

**Resident Scholars** In 1999 IVUmed instituted the Resident Scholarship Program for American urology residents and fellows. The Program sends residents for short-term mentored experiences in developing countries. Since its inception, 112 urology residents have traveled to 20 different countries. They have gained an understanding of conditions in resource limited countries and have had an opportunity to experience procedures seldom done at this time in the United States.

Additionally, our residents have developed friendships with colleagues in other countries, building the larger professional community of urology and helping to bridge the technology gap between the US and developing countries. Former scholars now in their urological practices are becoming mentors for new scholars.

Specific awards were given by the American Urological Association (AUA) regional sections, including Northwestern, North Central, Western, South Central, South Eastern and Mid-Atlantic sections. Astellas, Verathon, the Society for Urodynamics and Female Urology (SUFU), and the California Endowment also provided scholarships. More support came from individual and organization gifts.

**LAPEF** The Latin American Perpetual Education Fund supports urologists from Latin America to further their training at Spanish speaking centers of excellence. This is the first year of IVUmed's program, chaired by board-member Jeanette Potts, MD.

**Dr. Pieter A. deVries** With the major gift of Herb and Nancy Tully, IVUmed launched the Pieter A. deVries Scholarship for Pediatric Surgery. This scholarship will help to train pediatric surgeons to care for children in under-resourced areas of the world.

**Dr. Joseph W. Segura** The Joseph W. Segura Scholarship was envisioned by Dr. Segura to bring forth collaboration between endourologists in the United States and surgeons in developing countries. The scholarship fund will support American urologists to travel overseas as part of their urology education.



*IVUmed volunteer Dr. Andy Southwick working with partners in Mongolia*



## **HONDURAS**

### **Pediatric Urology Workshop**

**April 14-22, 2007**

#### **IVUmed Team Members**

John Gazak, MD – Pediatric Urologist

Carlos Angel, MD – Pediatric Urologist

Richard Bosco, MD – Pediatric  
Anesthesiologist

Cynthia Ferris, MD – Pediatric  
Anesthesiologist

Ilana Cymerman, RN – OR Nurse

Jean Allen, RN – Circulating Nurse

Michael Felber, RN – Recovery Nurse

Melinda Vierig – IVUmed Executive  
Director and Trip Secretary

#### **Honduran Medical Staff Partners**

4 Surgeons

2 Anesthesiologists

23 OR and Ward Nurses

## **IVUmed Surgical WORKSHOPS 2007-2008**



## **NIGERIA**

### **Women's Uro-gynecology Workshop**

**February 22-March 7, 2008**

#### **IVUmed Team Members**

Susan Kalota, MD – Urologist and  
Team Leader

Catherine deVries, MD – Pediatric  
Urologist and VUmed Founder and  
President

Thomas Hicks, MD – Urologist

Kurt McCammon, MD – Urologist

Timothy Davies, MD – IVUmed Traveling  
Resident Scholar

Pauletta Hampton – Urodynamics  
Technician

Sherrylyn Young, MD – Trip Secretary

#### **Nigerian Medical Staff Partners**

6 Surgeons

4 Anesthesiologists

6 VVF Nurses





## **MOZAMBIQUE**

### **Pediatric Urology and Women's Health Workshop**

**October 11-21, 2007**

#### **IVUmed Team Members**

**Rama Jayanthi, MD – Pediatric Urologist and Team Leader**

**Richard Grady, MD – Pediatric Urologist**

**Laura Hart, MD – Urologist**

**Marc Goldberg, MD – Anesthesiologist**

**Lester Bowie, MD – Anesthesiologist**

**Vijaya Vemulakonda, MD – Pediatric Urology Fellow**

**Rosa-Fe Gavigan, CRNA – Nurse Anesthetist**

**Diane Calesnick, CRNA – Nurse Anesthetist**

**Barbara Montagnino, RN – IVUmed Board Member/Circulating Nurse**

**Pamela St. Louis – OR Nurse**

**Lloyd St. Louis – Trip Secretary**

#### **Mozambican Medical Staff Partners**

**6 Surgeons**

**5 Anesthesiologists**

**6 Nurses**

## **GHANA**

### **Pediatric Urology Workshop**

**January 10-21, 2008**

#### **IVUmed Team Members**

**Francis Schneck, MD – Pediatric Urologist and Team Leader**

**Mark Bellinger, MD – Pediatric Urologist**

**Igor Semenov, MD – Anesthesiologist**

**Charles Yang, MD – Anesthesiologist**

**Danielle Sweeney, MD – Pediatric Urology Fellow**

**Stephanya Shear, MD – IVUmed Traveling Resident Scholar**

**Stacie Pearce – Recovery Nurse**

**Brent Nelson, RN – Circulating Nurse**

**Nate Cook – OR Technician**

**Catherine Bellinger – Trip Secretary**

#### **Ghanaian Medical Staff Partners**

**4 Surgeons**

**4 Anesthesiologists**

**8 Nurses**



## **MONGOLIA**

### **Pediatric and Adult Urology**

**June 6-20, 2007**

#### **IVUmed Team Members**

Andrew Southwick, MD – Urologist  
and Team Leader

Catherine deVries, MD – Pediatric  
Urologist, IVUmed Founder and  
President

Richard Jaffe, MD – Radiologist

Todd Morgan, MD – Urology Resident

Jenna Rosenberg – Trip Secretary

#### **Mongolian Medical Staff Partners**

15 Physicians

## **CUBA**

### **Pediatric Urology**

**June 22-30, 2007**

#### **IVUmed Team Members**

Patrick Cartwright, MD – Pediatric  
Urologist and Team Leader

Brent Snow, MD – Pediatric Urologist

Simon Durcan, MD – Pediatric  
Anesthesiologist

Rebekah Doherty, RN – OR Nurse

Julio Tapia-Guzman – Interpreter

Mario Gutierrez – IVUmed Vice President  
and Trip Secretary

#### **Cuban Medical Staff Partners**

2 Surgeons

5 Anesthesiologists

11 Nurses and Technicians

## **NEPAL**

### **Pediatric and Adult Urology**

**July 12-22, 2007**

#### **IVUmed Team Members**

Catherine deVries, MD – Pediatric  
Urologist, Team Leader, IVUmed  
Founder and President

Sakti Das, MD – Urologist

Kevin Healy, MD – Anesthesiologist

Brent Nelson, RN – OR Nurse

Sherri Patray, RN – Recovery Nurse

Josh Wood – IVUmed Program Manager  
and Trip Secretary

#### **Nepalese Medical Staff Partners**

4 Surgeons

2 Anesthesiologists

12 Nurses and Technicians



# IVU EVENTS

## Charlotte, North Carolina BENEFIT

IVUmed events in the US heighten awareness of urological problems and the need for trained caregivers. They also raise money for our education programs and provide funding for medications, supplies and travel. This year, in addition to the benefit in Salt Lake City, Board member Peter Steelman hosted and underwrote a successful benefit in Charlotte North Carolina.

## Visiting SCHOLARS

In spring 2007, IVUmed hosted two of its long-time international partners to give them an opportunity to observe American surgical programs. Dr. Le Tan Son and Dr. Le Cong Thang of Ho Chi Minh City, Vietnam spent a month touring the pediatric urology programs at Primary Children's Medical Center in Salt Lake City and Boston Children's Hospital and concluded their visit by attending the annual meeting of the American Urological Association in Anaheim. IVUmed's Visiting

Scholars program complements international workshops by demonstrating the latest surgical technology and by showing how IVUmed volunteers operate in their home environments. The trip also gave Drs. Son and Thang the opportunity to see snow and to ski for the first time, an experience they will cherish forever.



*Drs. Son and Thang in Utah*

## 2007 - 2008 IVUmed Resident Scholars

SCHOLAR	SCHOOL	AWARD	SITE
Dr. Stephanya Shear	University of Rochester	Northeastern Section AUA	Ghana
Dr. Bradley Erickson	Northwestern University	North Central Section AUA	Egypt
Dr. David Hadley	University of Utah	Astellas USA Foundation	Vietnam
Dr. Sarah Conley	Mayo Clinic Arizona	Western Section AUA	Vietnam
Dr. Todd Morgan	University of Washington	Verathon Medical	Mongolia
Dr. Jonathan Silberstein	University of California-San Diego	Verathon Medical, The Indian American Urological Association	India
Dr. Samson Shen	Baylor College of Medicine	South Central Section AUA	Vietnam
Dr. Paul Gittens	Thomas Jefferson University Hospital	Mid-Atlantic Section AUA	Vietnam
Dr. Inger Rosner	Walter Reed Army Medical Center	Astellas USA Foundation	Haiti
Dr. Tim Davies	Eastern Virginia Medical School	Society for Urodynamics and Female Urology (SUFU)	Nigeria
Dr. Subarna Biswas	Stanford University	The California Endowment	Bangladesh

# IVUmed Thanks its DONORS for the Year Ended March 31, 2008

## Individuals

### \$10,000 to \$24,999

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Dr. Catherine deVries and  
Scott Lucas  
Ian and Annette Cumming

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Dr. Charles Yang

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Rinda Hardy

## Cumming Family

### Provides SUPPORT and Sponsorship

Allison Cumming and the Cumming family provided very generous support for our annual benefit last September. The Cumming family also sponsored the surgical workshops in Kumasi, Ghana and Maputo, Mozambique. Their contribution made it possible for IVUmed to advance the doctors' and nurses' training while also consulting on life changing surgeries for nearly 100 children. The sustainable training that IVUmed oversaw will enable local doctors to serve thousands of children over time.

Drs. Gary and Susan Harlan	Sheila Killian	Shiva Maralani
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### \$10,000 to \$24,999

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American Urological Association - Southeastern  
American Urological Association - Western  
Ashton Family Foundation  
Cook Urological  
Deerfield  
Diagnostic Ultrasound Corp  
Payne Foundation  
Raymond Family Foundation  
Society for Urodynamics and Female Urology  
Swanson Family Foundation  
Verathon Medical

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## **Equipment and Supply DONATIONS**

IVUmed receives tremendous support from medical industry sponsors who provide in-kind donations to supply surgical workshops abroad. IVUmed brings most of its own equipment and supplies so as to not deplete the supplies of its international hosts. Also, some of the surgical techniques taught by IVUmed require specialized equipment that can be difficult to acquire in the developing world. Generous industry sponsors help equip IVUmed's partners with the items needed to sustain the care taught during surgical workshops.

IVUmed is grateful to its in-kind medical equipment and supply donors:

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## Did you KNOW?

IVUmed is the only nonprofit organization worldwide dedicated to teaching urology in developing countries. In fulfilling this mission, IVUmed provides medical and surgical education to physicians and nurses and treatment to thousands of suffering children and adults. IVUmed's surgical workshops are principally designed to teach. This approach ensures the long-term sustainability of our programs, and fosters the professional independence of our hosts.

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